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Howard County Local Health Improvement Coalition

Healthy Weight Workgroup
February 16, 2017 8:30-10:00 a.m.
HCHD in Severn

Meeting Agenda

Meeting will start promptly at 8:30 a.m.

Goal: Address SHIP measures related to Healthy Weight through evidence-based best practices and progress toward successful implementation of the identified FY 17 action items.

- I. 8:30 – 8:35 Welcome & Introductions
- II. 8:35 – 8:40 Approval of Minutes, Recap of last meeting and Announcements
- III. 8:40 – 9:05 Review and feedback on FY 17 Action items:
 - Physical Activity Action Group Updates (10 minutes)
 - Discuss progress (attendance, estimated reach, lessons learned) of Family Fit Night Events (FFN) initiative and share materials being used with full work group
 - Bike to School Initiative (5 minutes)
 - Nutrition - (10 minutes)
 - Provide update on converting a farmers stand into a market. Solicit organizations that are able to assist with marketing. Printing, signage, etc.
- IV. 9:05 – 9:25 Discussion of Evidence-Based Practices Presented in Full HCLHIC presentation to develop preliminary inventory of local efforts
- V. 9:25 – 9:55 Break Out Action Groups (30 minutes)
 - Nutrition Group
 - Provide updates on Farmer's Market initiative marketing meeting.
 - Identify organizations that will provide incentive/giveaways for the Farmers Market kickoff event.
 - Provide update on what has been learned about ability/requirements for food demonstrations at the Farmers Market kickoff event.
 - Physical Activity Group
 - Demonstrate a mock presentation of FFN event

VI. 9:55 – 10:00 Wrap Up and Next Meeting

Future Meeting Dates:

Work Group

March 23, 2017	2:45-4:15 p.m. in Barton A
May 25, 2017	2:45-4:15 p.m. in Barton A

FULL LHIC

April 27, 2017	8:30-10:30 a.m.
June 22, 2017	8:30-10:30 a.m.
September 21, 2017	8:30-10:30 a.m.

Inclement Weather Policy:

In the event of inclement weather please note that the HCLHIC will not meet if the Howard County Government and/or the State of Maryland Government are closed.

In the event that the Howard County Government and/or the State of Maryland Government have a delayed opening, meetings scheduled to begin prior to 10:00 a.m. will be cancelled. Meetings that were scheduled to begin after 10:00 a.m. will be held as scheduled.